

## CURRICULUM VITAE

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### QUALIFICATIONS

- 2013-2017** Azad University, Bachelor of Laws
- 2007-2010** The University of Sheffield, PhD
- 1992-1995** Tarbiat Modares University, M.Sc. in Health Promotion
- 1988-1992** Tehran University of Medical Sciences, BSc in Nursing

### EMPLOYMENT TO DATE

- 2010- Continue** Professor, Faculty of Health Sciences, Tabriz
- 1998-2006** Executive manager and Lecturer, Welfare Organization, Tabriz
- 1996-1998** Health Educator, Tabriz University of Medical sciences, Tabriz
- 1995-1996** Lecturer, Faculty of Health, Zahedan University of Medical Sciences

### Major Interests

End-of-life care for the older adults, caregivers, and health care workers, mix methods research related to quality of life, social affairs of older people, home care, age-friendly environments, abuse of older people, respite care, and health promotion.

## Publication & Presentations

- 1- Vahidi R G, Sadeghi V, Rahnoma B, Ghazeezadeh H, Masomee A, **Hossein Matlabi**, Safaeian A, Arshadi M. **Barriers to Physical Activity among Tabriz Population of Iran.** *Research Journal of Biological Sciences* 2008, 3 (8): 863-866.
- 2- **Matlabi H**, Mckee K, Parker SG. **Older people experiences of home-based technology in UK-specific extra care housing.** *IAGG 2009 conference*, Paris.
- 3- Shaghaghi A, **Matlabi H**. **Evidence based research: A dilemma for Iranian public health studies.** *The first international and 4<sup>th</sup> national congress on health education and promotion*, 16-19 May 2011 Tabriz, Iran.
- 4- **Matlabi H**. **Awareness, accessibility or availability, attitudes towards and use of home-based technology devices amongst elderly people living in extra care housing.** *The first international and 4<sup>th</sup> national congress on health education and promotion*, 16-19 May 2011 Tabriz, Iran.
- 5- **Matlabi H**, **The Contribution of Home-Based Technology to Elderly People's Quality of Life in Extra Care Housing.** *The first international and 4<sup>th</sup> national congress on health education and promotion*, 16-19 May 2011 Tabriz, Iran.
- 6- Narimani MR, Vahidi RG, **Matlabi H**, Jabbari H, Roushanpour F, Mokhtari S. **Life skills amongst elderly people: Confidence and positive self-concept.** *The first international and 4<sup>th</sup> national congress on health education and promotion*, 16-19 May 2011 Tabriz, Iran.
- 7- Shaghaghi A, **Matlabi H**. **Urgent needs to find missed pieces in the puzzle of our national research ethics strategy.** *Annual Scientific Congress of the Iranian Society of Medical Editors*, 24-25 November 2011; Shiraz, Iran
- 8- **Matlabi H**, Parker SG, Mckee K. **The contribution of home-based technology to older people's quality of life in extra care housing.** *BMC Geriatrics*: 2011, **11**:68; doi:10.1186/1471-2318-11-68.
- 9- Janati A, **Matlabi H**, Allahverdipour H, Gholizadeh M, Abdollahi L. **Socioeconomic Status and Coronary Heart Disease.** *Health Promotion Perspectives*: Vol. 1, No. 2, 2011; P: 105-110
- 10- **Matlabi H**, Parker SG, Mckee K. **Older People's Experiences of Home-Based Technology in U.K-Specific Extra Care Housing.** *Social Behaviour and personality: An international journal* 2012 40 (2).
- 11- Mckee K , **Matlabi H**, Parker SG. **Older People's Quality of Life and Role of Home-Based Technology.** *Health Promotion Perspectives*: 2012 2 (1).
- 12- Shaghaghi A, **Matlabi H**. **Reporting of Health Promotion Research: Addressing the Quality Gaps in Iran.** *Health Promotion Perspectives*: 2012 2 (1).
- 13- **Matlabi H**; Shaghaghi A; Amiri S. **A pilot physical activity initiative to improve mental health status amongst Iranian institutionalised older people.** 21st IUHPE World Conference on Health Promotion, 25-29 August 2013. Pattaya, Thailand.
- 14- **Matlabi H**; Rasouli A; Hamed H; Faraghi A; Khazemi B. **Factors responsible for early and forced marriage in Iran.** *Science Journal of Public Health*: 2013; 1(5): 227-229, doi: 10.11648/j.sjph.20130105.17
- 15- **Matlabi H**; Shaghaghi A; Amiri S. **The role of physical activity in promoting mental health amongst elderly people living in residential care home.** *5th national congress on health education and promotion*, 19-20 November 2013, Tehran, Iran.
- 16- Pourrazavi S; Allahverdipour H; Asghari M; **Matlabi H**. **A socio-cognitive inquiry of excessive mobile phone use.** *Asian Journal of psychiatry*: Volume 10, August 2014, Pages 84–89.
- 17- **Matlabi H**; Shaghaghi A; Amiri S. **A Pilot Physical Activity Initiative to Improve Mental Health Status amongst Iranian Institutionalized Older People.** *Health Promotion Perspectives*, 2014, 4(1), 68-76, doi: 10.5681/hpp.2014.009.
- 18- **Matlabi H**; Hamed H; Rasouli A; Osmani N. **Carrying heavy backpacks and handbags amongst elementary students: Causes and solutions.** *Science Journal of Public Health*: 2014; 2(4): 305-308, doi: 10.11648/j.sjph.20140204.20.

- 19- Shaghghi A; Ahmadi A; **Matlabi H. Iranian Patients Require More Pertinent Care to Prevent Type 2 Diabetes Complications.** *Advances in Preventive Medicine*: Volume 2014, Article ID 409391, 6 pages.  
<http://dx.doi.org/10.1155/2014/409391>
- 20- **Matlabi H**; Ghavarskhar F; Namjou. **Elderly Health Issues: Diseases and age-related difficulties.** *International conference on Ageing and Health*, 4-6 March 2015, Shiraz-Iran
- 21- **Matlabi H**; Ghanbari J; Shafiei M; Osmani N. **Hypertension Self-care Activities Amongst Older People.** *International conference on Ageing and Health*, 4-6 March 2015, Shiraz-Iran
- 22- **Matlabi H**; Sadighian H; Safari R. **Healthy Lifestyle Status among Health Sciences and Non- Health Sciences Careers.** *2nd International & 6<sup>th</sup> National Iranian Congress on Health Education and Promotion*, 19-21 May 2015, Kermanshah- Iran
- 23- **Matlabi H**; Abbasian M; Nakhodaeizadeh M. **Prevalence of Multiple Chronic Conditions in later life: Self-care and Health Care needs.** *The 1st International and 4<sup>th</sup> national congress on gerontology and geriatrics*, 14-16 October 2015, Tehran-Iran
- 24- **Matlabi H**; Alineghad M. **Older People in Iran: A Profile of lifestyle.** *The 1st International and 4<sup>th</sup> national congress on gerontology and geriatrics, 14-16 October 2015, Tehran-Iran*  
*The 1st International and 4<sup>th</sup> national congress on gerontology and geriatrics, 14-16 October 2015, Tehran-Iran*
- 25- **Matlabi H**; Khoshzaban E. **Role of Mental Health Facilitators on the Promotion of Mothers' Skills to Prevent their Children from Addiction: Applying Bloom.** *Indian Journal of Fundamental and Applied Life Sciences*: 2015 Vol. 5 (S3), pp. 1649-1656. Available at: <http://www.cibtech.org/sp.ed/jls/2015/03/jls.htm>
- 26- **Matlabi H**; Hamidzadeh Arbabi Y. **Satisfaction, Regret and Complication Rates among Iranian Vasectomised Men.** *Indian Journal of Fundamental and Applied Life Sciences*: 2015 Vol. 5 (S3), pp. 1795-1800. Available at: <http://www.cibtech.org/sp.ed/jls/2015/03/jls.htm>
- 27- Alineghad M; **Matlabi H**; Azizi Zeinalhajlou A. **Healthy Lifestyle Status among Non- Institutionalized Older People: A Literature Review.** *Elderly Health Journal* 2015; 1(2): 52-61.
- 28- Alineghad M; **Matlabi H**; Azizi Zeinalhajlou A. **The Status of Healthy Behaviors, Recreational Activities, Eating Habits, Stress Management, Multiple Chronic Conditions, and Social Capital among Non-Institutionalized Older People.** *Indian Journal of Fundamental and Applied Life Sciences*: 2015 Vol. 5 (S3), pp. 2069-2079.
- 29- Khoshzaban E; **Matlabi H.** **Contribution of Family-Based Substance Abuse Prevention Program to Attitude and Self-efficacy of Mothers Trained by Mental Health Facilitators.** *Global Journal of Health Science*; Vol. 8, No. 11; 2016; doi:10.5539/gjhs.v8n11p217
- 30- Abbasian M, Ghalichi F, Ahmadi B; Ghasemzadeh P; Esmailpour E; **Matlabi H.** **Status of Daily Living Activities among Older People in Maku.** *Elderly Health Journal* 2016; 2(2): 73-77.
- 31- **Matlabi H**; Ahmadzadeh S. **Evaluation of individual quality of life among hemodialysis patients: nominated themes using SEIQoL-adapted.** *Patient Preference and Adherence*; 2017;11 1–9. <https://doi.org/10.2147/ppa.s117860>
- 32- Nemati Z; **Matlabi H.** **Assessing behavioral patterns of Internet addiction and drug abuse among high school students.** *Psychology Research and Behavior Management*; 2017;10 39–45. <https://doi.org/10.2147/prbm.s123224>
- 33- Ahmadzadeh S; **Matlabi H**; Allahverdi pour H; Khodaei Ashan S. **The effectiveness of self-management program on quality of life among haemodialysis patients.** *Progress in Palliative Care*. 2017.  
<http://dx.doi.org/10.1080/09699260.2017.1345407>
- 34- Nakhodaezadeh M; Asghari Jafarabadi M; Allahverdi pour H, **Matlabi H**; Raeesi Dehkordi F. **Home Environment and Its Relation with Quality of Life of Older People.** *Journal of Housing for the Elderly*; Published online: 03 Mar 2017: Pages 1-14

35. Bakhtari F; Nadrian H; **Matlabi H**; Sarbakhsh P. Bidar M. **Personal, Interpersonal, and Organizational Predictors of the Mode of Delivery Among Urban Women: A Prospective Study with Socio Ecological Approach.** *Clinical Nursing Research*. 01 November 2017: Pages 1-18. <https://doi.org/10.1177/1054773817740530>
36. Osmani N; **Matlabi H**; Rezaei M. **Barriers to Remarriage among Older People: Viewpoints of Widows and Widowers.** *Journal of Divorce & Remarriage* 2017: Pages 1-18. <https://doi.org/10.1080/10502556.2017.1375331>
37. Anvar N; **Matlabi H**; Safaiyan A; Allahverdipour H; Kolahi S. **Effectiveness of self-management program on arthritis symptoms among older women: A randomized controlled trial study.** *Health Care for Women International* 2018: 39(12), 1328-1341 <https://doi.org/10.1080/07399332.2018.1438438>
38. Rezakhani Moghaddam H; Allahverdipour H; **Matlabi H**. **Barriers to Women's Participation: Experiences of Volunteers and Community Healthcare Authorities.** *Social Work in Public Health* 2018: 33 (4), 237–249 <https://doi.org/10.1080/19371918.2018.1454870>
39. Savari L; Shafiei M; AllahverdiPour H; **Matlabi H**. **Analysis of the third-grade curriculum for health subjects: Application of Health Education Curriculum Analysis Tool.** *Journal of Multidisciplinary Healthcare* 2018:11, 205–210. <https://doi.org/10.2147/jmdh.s152454>
40. Khosravi N; Rezaei M; **Matlabi H**. **Abuse in later life: viewpoints of illiterate rural older people.** *International Journal of Culture and Mental Health* 2018: 11(4), 626-637 <https://doi.org/10.1080/17542863.2018.1470658>
41. Ghavarskhar F; **Matlabi H**; Gharibi F. **A systematic review to compare residential care facilities for older people in developed countries: Practical implementations for Iran.** *Cogent Social Sciences* 2018, 4: 1478493 <https://doi.org/10.1080/23311886.2018.1478493>
42. Hajmohamadi N; Ghalichi F; Bakhtari Aghdam F; **Matlabi H**. **The “Cooperative-Supportive” Intervention for Improving Mental Health Status among Pregnant Women.** *Journal of Caring Sciences* 2018, 7 (2), 101-106 <https://doi.org/10.15171/jcs.2018.016>
43. Rezakhani Moghaddam H; Allahverdipour H; **Matlabi H**. **Successful recruitment and retention strategies for women health volunteers: viewpoints of the volunteers' supervisors and relevant researchers.** *Journal of Multidisciplinary Healthcare* 2018:11, 621–634. <https://doi.org/10.2147/jmdh.s180544>
44. Khosravi N; Rezaei M; **Matlabi H**. **Elder abuse and its sociocultural factors from the perspectives of Kurdish rural older people: Does gender matter?** *Health Care for Women International* 2019 <https://doi.org/10.1080/07399332.2018.1534236>
45. Abbasian M; Nakhodaez Zah M; Namjoo S; Khalili Z; Jahangiry L; Fadayevatan R; **Matlabi H**. **Reasons for Nursing Home Placement of Older Women in Tabriz, Iran: A Content Analysis.** *Iranian Journal of Ageing* 2019, 13(4), 406-417 <https://doi.org/10.32598/SIJA.13.4.406>
46. Mousavi Sisi M; Shamsheirgaran M; Rezaei Pandari H; **Matlabi H**. **Multidimensional Approach to Frailty among Rural Older People: Applying the Tilburg Frailty Indicator.** *Elderly Health Journal* 2019; 5(2): 92-101.
47. **Matlabi H**. **The gap in social care provision for older people in Iran.** The 4th international Alavi meeting, Tabriz University of Medical Sciences: 9-11 October 2019
48. Azizi Zeinalhajloua A; Sanaiea S; Fattahib S; **Matlabi H**; Sahebihagh MH; Pouralie F. **Dental health status of community-dwelling older adults and its relation to their nutritional status in northwest of Iran.** *Healthy Aging Research* 2019, 8(4) 1-6 [DOI: 10.35248/har.2019.8.10](https://doi.org/10.35248/har.2019.8.10)
49. Raeesi Dehkordi F; Ali Eslami A; Zamani Alavijeh F; **Matlabi H**. **Gerotranscendence and active aging: the lived experience.** *Journal of Religion, Spirituality & Aging* 2020. <https://doi.org/10.1080/15528030.2020.1770662>

50. Ahmad Kousha; Adnan Sayedi; Hamed Rezakhani Moghaddam; **Hossein Matlabi**. **The Iranian Protocol of Group Reminiscence and Health-Related Quality of Life Among Institutionalized Older People**. *Journal of Multidisciplinary Healthcare*: 2020;13 1027–1034 <https://doi.org/10.2147/jmdh.s263421>
51. Siros Samei Sis; Abdolrasoul Safaeeian; Akbar Azizi Zeinalhajlou; **Hossein Matlabi**. **Viewpoints of Older People Toward the Features of Age-Friendly Communities: Map for Charting Progress in Tabriz, Iran**. *Journal of Aging and Environment*:2020  
<https://doi.org/10.1080/26892618.2020.1859037>
52. **Hossein Matlabi**; Zahra Asgari; Shabnam Morsali Asl; Saeed Mousavi; Hamed Rezakhani Moghaddam. **The Effectiveness of Health Belief Model Initiative in Breast Cancer Screening Behaviors among Women Health Volunteers**. *Social Work in Public Health*: 2021 <https://doi.org/10.1080/19371918.2021.1896407>
53. Abdolrasoul Safaiyan; Fariba Zarei; Hamed Rezakhani Moghaddam; Narjes Maasoumi; **Hossein Matlabi**. **How do Mothers Explain the Causes of Childhood Obesity? Community-Based Approach in Preschool Centers**. *Child Care in Practice* 2021  
<https://doi.org/10.1080/13575279.2021.1946012>
54. Fatemeh Gavarskhar; **Hossein Matlabi**; Farid Gharibi. **An Iranian Model for Elderly Care in Residential Long-term Care Institutions: A Delphi-Based Study**. *Middle East Journal of Rehabilitation and Health Studies*: Vol.8, issue 3; e112944  
<https://doi.org/10.5812/mejrh.112944>
55. Mehdi Rezaei; Nasrin Osmani; **Hossein Matlabi**. **Opinions of Kurdish People in Iran about Remarriage of their Old Widowed Mothers**. *Child Indicators Research* 2021 <https://doi.org/10.1007/s12187-021-09864-7>
56. Haleh Heizomi; Mohammad Asghari Jafarabadi; Kamiar Kouzekanani; **Hossein Matlabi**; Mansour Bayrami; Vijay Kumar Chattu; Hamid Allahverdipour. **Factors Affecting Aggressiveness among Young Teenage Girls: A Structural Equation Modeling Approach**. *Eur. J. Investig. Health Psychol. Educ.* 2021, 11, 1350–1362 <https://doi.org/10.3390/ejihpe11040098>
57. Hadi Sadighyan; Mehdi Abbasian; Mahmood Yousefi; Narjes Maasoumi; Reza Nikanfar; **Hossein Matlabi**. **Quality of Life among Older Adults Covered by Various Pension Funds, Tabriz, Iran**. *Elderly Health Journal* 2021; 7(2): 84-90  
<https://doi.org/10.18502/ehj.v7i2.8122>
58. Shahram Irani; Maryam Abbaszadeh-Amirdehi; Seyed Reza Hosseini; Shima Sum; **Hossein Matlabi**; Setareh Mirasi. **The Effect of Head and Neck Stabilization Exercises on Dynamic Balance in the Elderly with Forward Head Posture**. *Journal of Modern Rehabilitation*. 2022; 16(1):9-16. <https://doi.org/10.18502/jmr.v16i1.8556>
59. Akbar Azizi-Zeinalhajlou; Mojgan Mirghafourvand; Haidar Nadrian; Siros Samei Sis; **Hossein Matlabi**. **The contribution of social isolation and loneliness to sleep disturbances among older adults: A systematic review**. *Sleep and Biological Rhythms* 2022 <https://doi.org/10.1007/s41105-022-00380-x>
60. Mojtaba Mohammadi; Hamid Allahverdipour; Akram Ghanbari Moghaddam; **Hossein Matlabi**. **Quality of Sexual Life and Its Relationship with Sociodemographic Characteristics among Older Men with symptoms of Andropause**. *Journal of Midwifery and Reproductive Health*. 2022; 10(4): 3508-3515. DOI: 10.22038/JMRH.2022.62946.1798
61. Amir Mohamad Moghadasi; Shima Sum; **Hossein Matlabi**. **Why do older people not use the public health services of the integrated aging program? A multidimensional approach in a qualitative study**. *BMC Health Services Research* (2022) 22:1288  
<https://doi.org/10.1186/s12913-022-08689-6>
62. Mostafa Araj-Khodaei; Sarvin Sanaie; Seyed Aria Nejadghaderi; Mark J. M. Sullman; Siros Samei-Sis; Somaiyeh aheri-Targhi; Zahra Yousefi; **Hossein Matlabi**; Saeid Safiri; Akbar Azizi-Zeinalhajlou. **Profile of Tabriz Older People Health Survey (TOPS-2019): A representative community-based cross-sectional study**. *Scientific Reports* | (2022) 12:17879 |  
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63. Akbar Azizi Zeinalhajlou; Abdol Rasoul Safaeian; Haidar Nadrian; Mina Hashemiparast; Mohammad Bagher Alizaddeh Aghdam; **Hossein Matlabi**. **Psychometric Properties of the Persian Version of the Social Disconnectedness and Perceived Isolation Scales in Iranian Older Adults**. *Volume 17, Issue 4 Salmand: Iranian Journal of Ageing* 2023, 17(4): 472-491  
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64. Bahman Barai; Mehdi Rezaei; Haidar Nadrian; **Hossein Matlabi**. **What Socio-Cultural Factors Encourage Child Marriage in Sanandaj, Iran? A Qualitative Study**. *Child & Youth Services* 2023  
<https://doi.org/10.1080/0145935X.2023.2167708>
65. *Fatemeh Raeesi Dehkordi; Ahmad Ali Eslami; Fereshteh Zamani Alavijeh; Hossein Matlabi; Mehdi Nakhodaezadeh*  
**Striving for Being in the Line of Life: Personal Active Ageing Strategies in Iranian Seniors**. *The Qualitative Report* 2023  
28(6), 1694-1717. <https://doi.org/10.46743/2160-3715/2023.4870>
66. Mojtaba Mohammadi; Hamid Allahverdipour; Akram Ghanbari Moghaddam; **Hossein Matlabi**. **The Prevalence of Andropause and Its Relationship with Sexual Quality of Life Among Older Iranian Men**. *American Journal of Men's Health* 2023, 17(2) <https://doi.org/10.1177/15579883231161050>